

# BIRMINGHAM MASTERS

## April 2016 Newsletter

Edited by Steve Langford ([steve.p.langford@gmail.com](mailto:steve.p.langford@gmail.com))

### Changes to session times

As shared with members in a recent email, the King Edwards Foundation management have decided that in the interest of the "safeguarding of their pupils", hirers of their facilities, including the two pools, will not be allowed access to the site before 6.30pm on school days. Obviously this affects our Wednesday and Friday sessions, so much so that after 15<sup>th</sup> April, they will not take place at all. This has posed us many challenges (could this really be happening again?). We don't want to offer members just three training sessions a week. So with a lot of help from many sources, we have a short term and long term solution, which we hope will be acceptable to members.

For one more week (until 18<sup>th</sup> April) - normal schedule. (5.5 hours pool time)

From Tuesday 19<sup>th</sup> April:

Tuesday	20.30-21.30	KES Boys' pool
Thursday	20.45-21.45	Harborne Pool
Saturday	08.30-10.00	KES Boys' pool - extended session from previously
Sunday	17.00-18.30	KES Boys' pool

(5 hours pool time)

From Tuesday 5<sup>th</sup> July:

Tuesday	20.30-21.30	KES Boys' pool
Wednesday	18.15-19.30	New Birmingham Uni pool @ 25m
Thursday	20.15-21.30	New Birmingham Uni pool @ 50m
Saturday	08.30-09.30	KES Boys' pool
Sunday	17.00-18.30	KES Boys' pool

(6 hours pool time)

This is an amazing opportunity for BMSC and we have Pauline Cooke to thank for helping us access the Birmingham University pool. We have to stress that the pool is not yet complete and the scheduled opening date of July 4<sup>th</sup> can still be subject to delay!

Parking at the Uni pool will be free for 3 hours in the multi-storey car park which is also under construction.

The new restrictions at KES are totally out of our control but it has opened up new opportunities for us and having a state of the art pool to use is very exciting. However, we do appreciate that what was on offer in January when subscriptions were paid is no longer the same. Therefore, if you feel that you want to terminate your membership then we will refund you 2/3 of the yearly club subs. Also you may need to change your monthly fees. All of this we are expecting but hoping that many of you will be able to adapt your schedules to get your training in and be able to hold on until we get back to 5 sessions in July. Please contact Ian Parker ([i.parker@blueyonder.co.uk](mailto:i.parker@blueyonder.co.uk)) if you would like to make changes to your membership.

## Xmas party

So did you put it in your diary already? The annual BMSC Xmas party will take place on Saturday 26<sup>th</sup> November 2016, at Edgbaston Golf Course!

## Forthcoming Meets

### Major Club Targeted Meets:

**Midlands Masters (Leamington Spa)** - Saturday 1<sup>st</sup> + Sunday 2<sup>nd</sup> October 2016

Closing date: tbc

Website for entries: <http://www.swimming.org/asa/calendar/midland-open-masters-seniors-championships-2016>

**National Short Course Championships (Sheffield)** - Friday 28<sup>th</sup> to Sunday 30<sup>th</sup> October 2016

Closing date: tbc

Website for entries: <http://www.swimming.org/asa/calendar/asa-national-masters-and-senior-age-group-championships-2016>

### Local Club Targeted Meets:

**Gloucester Masters (Gloucester)** - Sunday 8<sup>th</sup> May 2016

Closing date: Entries are now closed - good luck to everyone competing!

**Etwall Eagles Meet (Derby)** - Saturday 26<sup>th</sup> November 2016

Closing date: tbc

Website for entries: tbc

### Other Major Meets:

**European Masters Championships (London Aquatics Centre)** - Wednesday 25<sup>th</sup> to Sunday 29<sup>th</sup> May 2016

Closing date: Entries are now closed - good luck to everyone competing!

Website for further information: <http://euroaquatics2016.london/masters/>

**Other meets that may be of interest:**

**Barnet Cophall Masters Distance Meet (Barnet) - Saturday 9<sup>th</sup> to Sunday 10<sup>th</sup> July 2016**

Closing date: Friday 17<sup>th</sup> June 2016

Website for entries: <http://www.swimming.org/asa/calendar/barnet-cophall-masters-distance-meet-2016>

Details of meets around the country are available at:

<http://www.swimming.org/britishswimming/calendar/> .

Open Water events can be found at the website of the Long Distance Swimming Association, at [www.bldsa.org.uk/](http://www.bldsa.org.uk/) and there are further details on the "Great Swim" series of events at [www.greatswim.org/](http://www.greatswim.org/).

**Birmingham Masters' own Open Meet!**

**Do you want to be part of delivering a first in Birmingham?**

**Do you want to support our Club?**

**If yes, WE NEED YOU!**

Birmingham Masters is looking at hosting its **first ever Open Meet** at the new University Pool in early 2017. This is an exciting opportunity for our Club, but no small feat! For the meet to be a success, we need the support and commitment of the whole Club.

We need committed individuals to take on specific roles and be part of the Open Meet Committee. Roles include:

- Officials Coordinator
- Volunteer Coordinator
- Sponsorship
- Catering
- Fundraising

No previous experience is necessary - just a willingness to be involved.

This is an exciting opportunity to be part of something special, which will make a huge difference to our Club.

To get involved, please speak to Edmund on poolside or email him at [edmund\\_salt@hotmail.com](mailto:edmund_salt@hotmail.com)

## Kindly sponsored by PTL

A huge thank you to our sponsors - Portable Toilets Ltd - who have been supporting the club for over four years now. If you are in need of a portaloos, these are the people to see, and don't forget to mention that you heard of them thanks to Birmingham Masters!

<http://www.portabletoiletslimited.com>

## Kit sales

Jim is able to order all manner of kit, with the club logo emblazoned upon it. If you can imagine it, he can probably source it! Please speak to Jim for all your kit requirements:

[jim.p.hunt@birmingham.gov.uk](mailto:jim.p.hunt@birmingham.gov.uk)

**Please note that Jim will not be able to give out any kit without receiving the money upfront - even just a hat at a swimming meet. No money - no kit!**

## Bracknell Masters Meet 5<sup>th</sup> March 2016 - a report by Keith Ingram

A small band of three Birmingham Masters did this meet.

This is home territory for Dan Evans so an opportunity for Anna Binns (25-29) to get in some good race practice. Her 50m Free, 100m Free and 100m Fly were all PBs and this augers well for her disability meets this year.

For John Tennant (75-79) this was a comeback meet and his 34.70sec first place for 50m Free was an encouraging start to the season and will get better at the long courses at Sheffield and the Europeans. A decent 2nd place for 50m Fly followed.

Keith Ingram (75-79) won the 100m I.M., 50m Back and 100m Breaststroke. The breaststroke time, though slower than last year, was faster than anyone over 65 has done this year so far. Oddly I felt that I was not recovering as well as normal in the swim down pool and the 50m Free that followed suggested that something was amiss. It was only when I descended to the floor in a heap shortly after leaving the changing room at the end of the meet, that the drama of the 244 bpm heart rate kicked in. Fortunately my gnarled old system has survived the experience though it will be a few months before I can put my toe in the water again. There is hope that I will be able to compete again but it will probably take some time to get back.

*Editor:- Of course everyone in the Club wishes Keith a speedy recovery and it's great to see him pop into sessions - looking extremely well!*

*Also our best wishes go to Pauline Cooke, who broke her hip in Sheffield last weekend. Her incredible fitness will serve her well in making a swift and full recovery. Love to you both!*